

MAY 2022

THE VOICE

The Official Newsletter of Southeast Nebraska CASA

A Letter from Our Director...

It seems like just yesterday we were preparing for all of our events in April! **AND WOW!** Thank you all for helping us spread awareness about Child Abuse Prevention. We had great conversations in all of our communities during the month of April, and we look forward to spreading our mission!

Southeast Nebraska CASA has been in Seward County for over 25 years. This year, we have partnered with Seward County's first annual **Seward County Gives** week. This is a great time to raise awareness for non-profit organizations in Seward County and to receive donations with the opportunity of matching donations! Our GOAL is to raise \$7700 between May 1-5th. This will help us train a Certified Gallup Strengths Coach at Southeast Nebraska CASA. This coach will not only help our staff, volunteers and children we serve... It will also help all of the communities we serve, including all of Seward County. Southeast Nebraska CASA began serving abused and neglected children in Seward County in 1996. Our program does not believe in keeping awareness and the training we receive to ourselves. Therefore, we continually open our training and education to the entire community.

We have some great training scheduled already in May and June. These trainings are not just for CASA volunteers. We open these trainings to not only bring awareness to our program, but we want to bring awareness to the systemic issues that need help right here at home. The project to become a Gallup Global Strengths Coach will help our program "gain the science, expertise, techniques, tools, practice and experience we need to positively influence people's lives with the gift of strengths." We will bring this knowledge to our program and to all of the organizations in Seward County who want to learn more about how finding strengths can empower individuals and teams to accomplish goals.

Please join us for upcoming training, upcoming book clubs and consider sharing this newsletter with friends, neighbors and co-workers.

Volunteer Portal

We are excited to announce a new feature to our website... the Volunteer Portal!

Here you will find all the resources you need to do your job! If there's something you'd like to see here, please let us know and we can add it!

[Click Here to Log In](#)



May Highlights

May is Foster Care Month and Mental Health Awareness Month. More information on the next few pages....



CASA Talk

The Official Podcast of Southeast Nebraska CASA

April was Volunteer Appreciation Month, so we wanted to focus our podcast on highlighting the importance of volunteers in the work we do! CASA knows our work relies on open hearts of open hearted individuals willing to give of their time and their wisdom to be the voice for children in need of one. So volunteering and our cultures around volunteering can't be an after thought. We must be vigilant in how we're thinking, and what we're doing to create solutions, be empowered and do good work on behalf of the people in need of caring people raising their hands. This episode is geared toward anyone who has ever been in charge of creating a volunteer work force or supporting one.

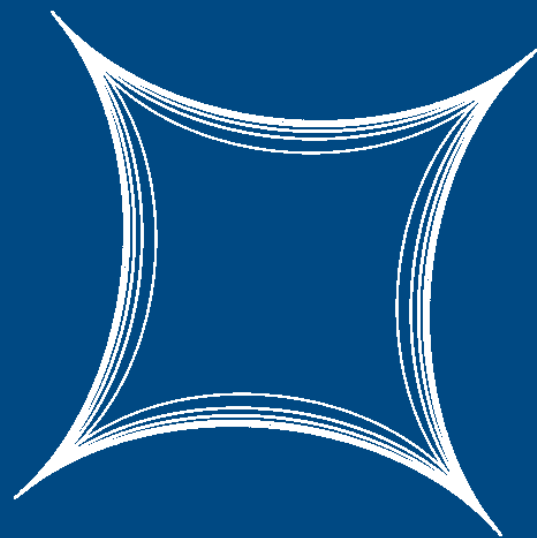
VOLUNTEERISM: PART ONE

This is the second of two episodes we're dropping this week in support of volunteering. CASA volunteers are the superheroes of this world and are the voices for children who cannot speak for themselves. We aim to create the strongest volunteer culture possible for today and for the years to come. Part one was geared toward volunteer coordinators and team leaders, this episode is speaking directly to volunteers themselves. If you've ever given of your time, if you've ever participated in the collective mission of an organization or cause, this is for you. If you've ever been called to serve, but haven't taken the plunge this for you.

VOLUNTEERISM: PART TWO



**A podcast produced by
Southeast Nebraska
CASA**





VOLUNTEER TRAINING OPPORTUNITIES

**I'VE GOT A
NAME**
END SEX TRAFFICKING WHERE WE LIVE



I've Got a Name Sex Trafficking in Nebraska Presentation

Zoom or
Seward Civic Center

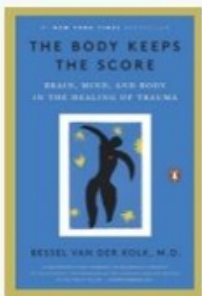
All are welcome!
12:00pm-1:00pm

REGISTER
HERE!



JOIN
US!

May
18th
NOON



SOUTHEAST NEBRASKA CASA BOOK CLUB 'OUR BODY KEEPS THE SCORE'

By Bessel van der Kolk M.D.



**JUNE 20TH
7:00PM
BOOK CLUB**



[Click Here to Register
for Our Book Club!](#)

**Are You Interested in
Becoming a Volunteer??**



**Our Volunteers do
SO MUCH MORE than just
advocate for children inside
the Courtroom!**
**Visit our website to fill out the
[Volunteer Application](#)
and take the next steps toward
becoming a CASA Volunteer!!**

Creating Awareness in May

May Is National Foster Care Month

Relative and Kin Connections:
Keeping Families Strong

childwelfare.gov/fostercaremonth
southeastnebraskacasa.org



MAY MENTAL HEALTH AWARENESS MONTH



THIS MONTH, CASA WOULD LIKE TO HELP RAISE AWARENESS ABOUT THE IMPORTANCE OF MENTAL HEALTH AND ITS IMPACT ON THE WELL-BEING OF ALL AMERICANS, INCLUDING CHILDREN, ADULTS, FAMILIES, AND COMMUNITIES ACROSS OUR NATION. WE ALSO GIVE THANKS TO THE DEDICATED MENTAL HEALTH PROVIDERS WHOSE SERVICE AND SUPPORT IMPROVE THE LIVES OF SO MANY AMERICANS. WE SEE, FIRST HAND, THE IMPACTS THAT MENTAL HEALTH CAN HAVE ON THE CHILDREN AND FAMILIES THAT WE SERVE. PLEASE JOIN US IN KEEPING ALL THOSE WHO SUFFER FROM MENTAL ILLNESS IN OUR PRAYERS THIS MONTH!

Another Way to Support CASA

SEWARD



COUNTY

GIVES

May 1st -5th, 2022



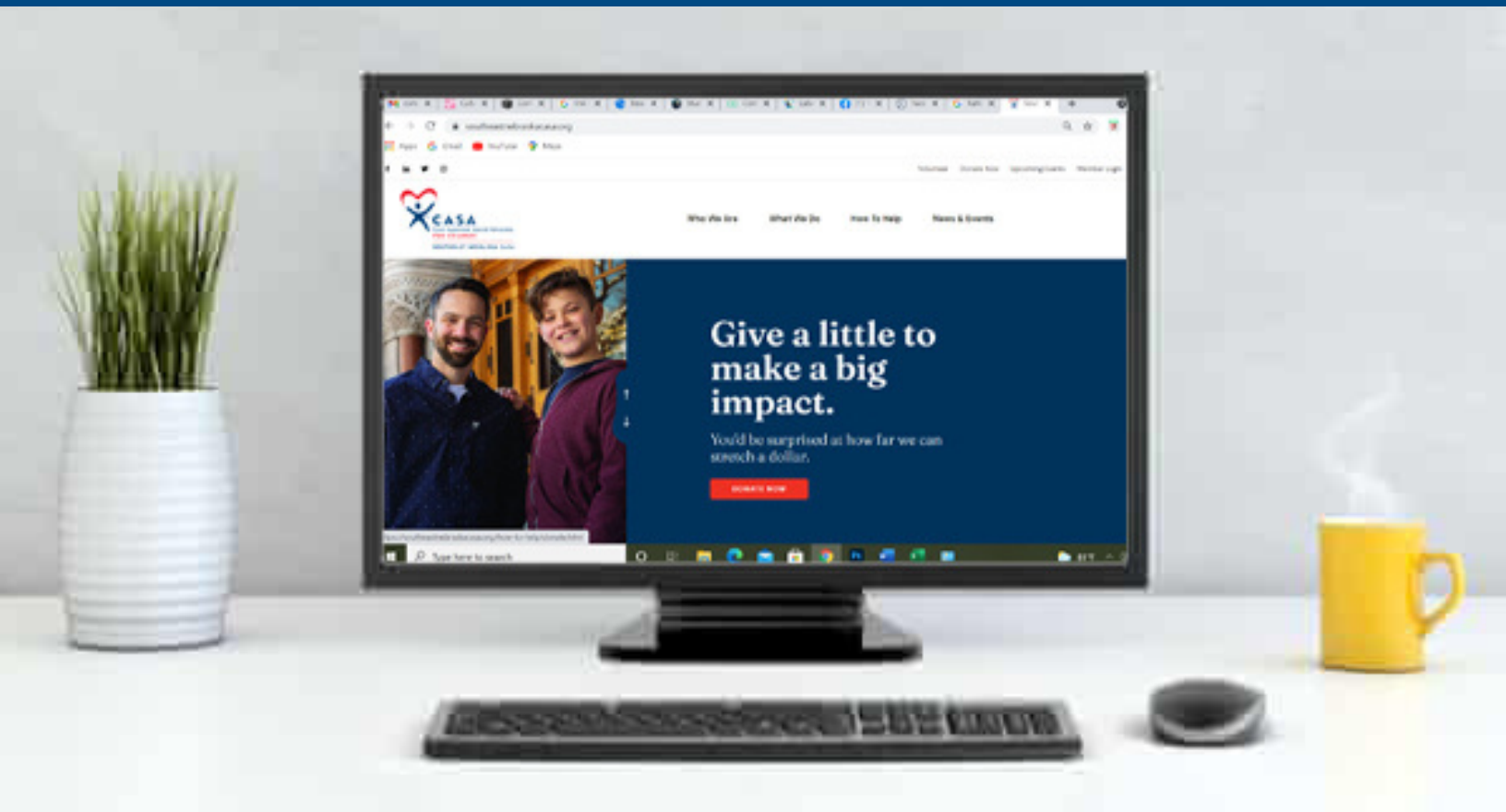
Our Goal of \$7700 will help us train a Certified Gallup Strengths Coach at Southeast Nebraska CASA. This coach will not only help our staff, volunteers and children we serve... It will help all of the communities we serve, including Seward County. Southeast Nebraska CASA began serving abused and neglected children in Seward County in 1996. Our program does not believe in keeping awareness and the training we receive to ourselves. Therefore, we continually open our trainings and education to the entire community. For example, we have offered programs such as Bridges out of Poverty presented by Sonia Almodovar and High in Plain

Sight presented by Tall Cop Jermaine Galloway both have been very highly received in Seward County. When Southeast Nebraska hosts these events, we hope to not only bring awareness to our program, we want to bring awareness to the systemic issues that need help right here at home. The project to become a Gallup

Global Strengths Coach will help our program "gain the science, expertise, techniques, tools, practice and experience we need to positively influence people's lives with the gift of strengths." We will bring this knowledge to our program and to all of the organizations in Seward County who want to learn more about how finding strengths can empower individuals and teams to accomplish goals.



Southeast Nebraska CASA Online



**Check out our website where you can find
all the information about CASA!**

Fill out a Volunteer, Board Member or Internship Application

Stay up to date on CASA News & Events

Make a Monetary Donation

Find out more about our Programs & Services

Listen to our Podcast 'CASA Talk'

Purchase CASA Apparel

Find out more about our Mission, our History, and our Location

Contact Us with Questions or to see how you can become involved with CASA

[Click here to visit our Website!](#)